

Enrollment Form – *Four Foundations of Mindfulness* Retreat
Saturday, February 17, 2024

First name

Last name

Email

Phone

Address line 1

Address line 2

City

State

ZIP

Emergency Contact Name:

Emergency Contact Phone:

Meditation experience (*None*) (*Less than 1 year*) (*1-2 Years*)
 (*2-5 Years*) (*Longer than 5 years*)

Health Issues or Concerns:

Special Comments:

You can pay \$40 by PayPal by going to our website insighthouston.org and going to the retreats page. At the bottom of the details about this retreat you will see

“If you want to pay the full amount by PayPal Click Here” click on that link and you can make your payment.

If you prefer you can send your check made out to “Insight Meditation Houston” for \$40 and completed registration form to:

Insight Meditation Houston
c/o Marilyn Jones
1820 Bolsover
Houston, Texas 77005

The payment must be RECEIVED within 10 days of enrollment.

Please go to the website and download the flyer which has all the details about the retreat, such as directions, etiquette, cancellation policies etc.

If you want to increase your chances of being accepted into the retreat send an email to us at: meditationhouston@gmail.com and we will use your email timestamp to set priority if I receive your registration form within 5 business days of the email.

The payment must be RECEIVED within 10 days of enrollment or you will be wait-listed.

You MUST sign on page two of this enrollment form.

CANCELLATION POLICY:

*A month or more prior to Retreat: **Full Refund less \$15 processing fee***

*3-4 Weeks Prior: **75% Refund***

*2-3 Weeks Prior: **50% Refund***

*1-2 Weeks Prior: **25% Refund***

*Less than a week Prior: **No Refund***

I have read the cancellation policy and agree to those policies.

Signed this Date: _____, 20____.

Agreed: _____

Signature

